



Mayfield Grammar School Gravesend

Canteen Allergy Information Sheet:

DISH	GLUTEN	EGG	MILK	FISH	CRUSTACEANS	MOLLUSCS	NUTS	PEANUTS	SOYA	MUSTARD	SEASAME	CELERY	LUPIN	SULHUR DIOXIDE /SULPHITES
Battered Fish	X			X										
Beef Bolognese	X								X					
Beef Chilli	X								X					
Beef Lasagne	X		X						X	X				
Chicken Korma			X											
Chicken Nuggets	X													
Fish Fingers	X			X										
Fish Pie	X		X	X	X							X		
Gammon & Pineapple 0														
Hot dog in a Bun	X													
Sausage	X													X
Sweet & Sour Chicken 0														
Thai Green Chicken Curry			X											
Tuna Pasta Bake	X		X	X						X				

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Bean Bolognese	X											x		
Bean Chilli												x		
Cheese & Potato Pie	X	x	X											
Cheese Enchiladas	X		X							x				
Cheese Quiche	x	X	X							x				
Chickpea & Lentil Curry			X									x		
Courgette Risotto			X									x		
Egg Fried Rice		X							x			x		
Lentil Dahl		x										x		
Mac & Cheese	X		x							x				
Mushroom Omelette	X		x											
Mushroom Stroganoff			X									X		
Mushroom Tagliatelle	X		X							x				
Pesto Pasta	X													
Quorn Chilli												X		
Quorn Cottage Pie			X						x			x		
Quorn Moussaka			x						x			x		
Quorn Sausage	x													
Saag Aloo														
Vegan Sausage Roll	x								x					
Vegetable Chilli			x									x		
Vegetable Lasagne	x		x						x	x		x		
Vegetable Noodles	x	x							x			x		
Vegetable Nuggets	x													
Vegetable Pie	x	x							x			x		
Vegetable Spring Roll	x	x	x						x			x		

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Bacon & Cheese Puff	X		X											
Bacon Roll	X													
BBQ Chicken Wings	X								X			X		
Beef Burger in a Bap	X								X					X
Cheese & Onion Puff	X		X						X	X				
Cheese & Tomato Pinwheel	X		X						X					
Cheese Panini	X		X											
Cheese Pizza	X		X						X					
Chicken Burger in a Bap	X													
Garlic Bread	X													
Half Jacket			X											
Ham & Cheese Panini	X		X											
Peperoni Pizza	X		X						X					
Potato Wedges														
Sausage Roll	X		X						X					X
Vegetable Samosa	X								X					

[illegible]

Dessert	GLUTEN	EGG	MILK	FISH	CRUSTACEANS	MOLLUSCS	NUTS	PEANUTS	SOYA	MUSTARD	SEASAME	CELERY	LUPIN	SULHUR DIOXIDE /SULPHITES
Blueberry Muffin	X	X	X											
Butter Croissant	X	X	X											
Chocolate Croissant	X	X	X											
Chocolate Doughnut	X	X	X						X					
Chocolate Muffin	X	X	X						X					
Cinnamon Swirl	X	X	X											
Homemade Biscuits	X													
Homemade Cake	X	X	X						X					
Jam Doughnut	X								X					
Lemon Muffin	X	X	X						X					
Ring Doughnut	X		X						X					
Waffle	X	X							X					